

River Falls Nutrition Program January 2019 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal <small>Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</small></p>	<p>1</p> <p style="text-align: center;">CLOSED for New Year's Day</p>	<p>2 Oven Roasted Turkey Mashed Potatoes w/ gravy Squash Chef's Choice Fruit Dinner Roll Dessert</p>	<p>3 French Onion Chicken Au Gratin Potatoes Peas & Carrots Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>4 Baked Salmon Baked Potato Green Beans Chef's Choice Fruit Dinner Roll Dessert</p>
<p>7 Swedish Meatballs Buttered Noodles California Blend Veggies Chef's Choice Fruit Bread Stick Dessert</p>	<p>8 Chicken Broccoli Casser. Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert</p>	<p>9 Pot Roast Mashed Potatoes w/ gravy Winter Blend Veggies Chef's Choice Fruit Dinner Roll Dessert</p>	<p>10 Kielbasa w/ sauerkraut Stuffing Peas Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>11 Crispy Fish w/lemon Au Gratin Potatoes Carrots Chef's Choice Fruit Dinner Roll Dessert</p>
<p>14 Chicken Cordon Bleu Au Gratin Potatoes Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert</p>	<p>15 Pork Loin Baked Potatoes Green Beans Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>16 Seasoned Baked Chicken Mashed Potatoes w/ gravy Asparagus Chef's Choice Fruit Dinner Roll Dessert</p>	<p>17 Spaghetti w/ meat sauce Squash Chef's Choice Fruit Garlic Bread Dessert</p>	<p>18 Lemon Baked Fish Baked Potato Broccoli Chef's Choice Fruit Dinner Roll Dessert</p>
<p>21</p> <p style="text-align: center;">CLOSED for Martin Luther King Day</p>	<p>22 BBQ Riblet Baked Potato Winter Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>23 Home Style Meatloaf Mashed Potatoes w/ gravy Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert</p>	<p>24 Smothered Chicken Au Gratin Broccoli Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>25 Shrimp Scampi California Blend Veggies Chef's Choice Fruit Bread Stick Dessert</p>
<p>28 Lasagna Rutabaga Blend Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>29 Smothered Chicken Baked Potato 5 Way Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert</p>	<p>30 Pineapple Ham Sweet Potatoes Peas & Carrots Chef's Choice Fruit Dinner Roll Dessert</p>	<p>31 Country Fried Steak Mashed Potatoes w/ gravy Broccoli Breadstick Dessert</p>	